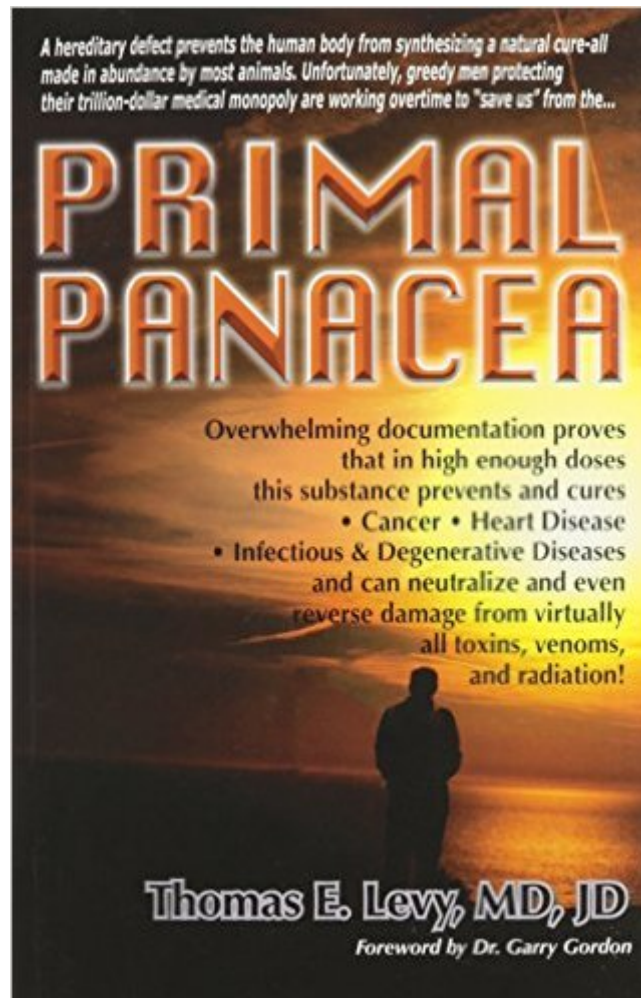


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Primal Panacea



Synopsis

Primal man benefited from a powerful cure-all that continually coursed through his blood vessels. This substance "made in the liver" protected him from an overwhelming list of health challenges that, until recently, were rare causes of death. Due to a genetic error of metabolism, the vast majority of us no longer produce this panacea, making us increasingly susceptible to cancer, heart disease, osteoporosis, dementia, diabetes, and many other very costly, and often fatal maladies. Thousands of scientific studies prove that sufficient quantities of this substance in the bloodstream still provide the same protective and curative properties experienced long ago. Dr. Levy cites over a thousand of these published reports as he relates the history and science of the "primal panacea" in an easy-to-read and entertaining way. He also relates simple and powerful ways to boost blood levels to those once enjoyed by our ancient ancestors. Primal Panacea is chock full of proof, resources, and practical how-to. It will save you money, it will greatly improve your odds for a long and healthy life "we guarantee it!"

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Customer Reviews

I wasn't sure if I should buy this new book of Dr Levy's as I had only read his book Curing the Incurable: Vitamin C, Infectious Diseases, and Toxins fairly recently. But I am so glad I did. This book is not just an updated edition of this previous book, but a new book on vitamin C by this author in its own right. It is easily the best book on vitamin C there is, bar none. Vitamin C is a genuine exception to the 'too good to be true' rule. A panacea is a wide-ranging cure-all. Vitamin C is the

way nature designed us to deal with stress and disease, as can be seen when we look at animals that still produce their own vitamin C in their livers. Vitamin C helps diseases of all varieties as well as all oxidative stress. Due to a genetic error of metabolism the vast majority of us no longer produce this panacea in our livers, and this makes us far more vulnerable to many different chronic and acute diseases and infections than we would otherwise be. Dr Levy talks about his early days with vitamin C treatment, when he was very surprised to see how well it worked but wasn't sure why, and also explains in detail what he has now learned about HOW it works. It is fascinating stuff and quite exciting. The whole book is wonderfully simplified and easy to read - without ever being remotely condescending. The first half of the book (135 or so pages) makes the main points in a simple but compelling way and uses lots of bullet pointed lists and summaries of what was just said. The complexity is there in the second half of the book if you want to read more deeply about any of the main topics too.

It is well known that most animals make their own Vitamin C, in their livers. Whether or not human beings ever had this capacity, I don't know. Whether there are a few human beings who still do, again, I don't know. However, because most of us do not make our own Vitamin C, we need to get it from our diet or as a supplement. This book starts off by describing the current situation, where the Medical Establishment frowns on using therapeutic doses of Vitamin C to treat various conditions, describes some of the standard treatments, and labels them as barbaric. It describes the danger that Vitamin C will become unavailable, and that doctors may get into a lot of trouble for using it. There is a very incomplete list of various conditions it will help. The next chapter describes Vitamin C's ability to detoxify from some serious poisons, including toxins from animals and plants. After some more background, the book goes on to discuss the role Vitamin C plays in the health of the circulatory system and the heart. The fact that root canals can lead to serious diseases of the body is also discussed. The mechanism is explained. The same chapter talks about high blood pressure and diabetes. The following chapters talk about cancer in detail, and aging. There is a list of more conditions Vitamin C will address in the latter chapter. The book then describes 7 medical lies that kill and debunks them. The next chapter describes the reasons Vitamin C is debunked. It all adds up to profit. Companies cannot make a huge amount of money from toxic pharmaceuticals if Vitamin C is widely used; Vitamin C is cheap. There is a short explanation of an alternative to intravenous Vitamin C that works just as well. This is Lyposomal Vitamin C.

This book stunningly describes what could prove to be the biggest story of the century in human

health: the incredible effectiveness of high-dose intravenous ascorbic acid (vitamin C) against all forms of oxidative stress from toxins and pathogens, including all viruses and many bacteria as well as a wide range of poisons and pollutants. The Foreword describes dosages of 30 to 200 grams (or more) per day intravenously for acute inflammations or infections, and 4 to 20 grams per day for basic health maintenance. Chapter 7 explains that there is no known toxic dosage level for vitamin C. The human body generally tolerates it extremely well. In fact, chapter 3 explains that nearly all mammals, birds, fish, reptiles and amphibians have extremely high levels of vitamin C in their bloodstreams, produced naturally by their own bodies, and the level increases greatly in response to bodily and environmental stresses. The most well known exceptions are guinea pigs and the higher primates, including man. Yet even the primates and man nevertheless still have all the essential genetic factors needed for natural internal vitamin C synthesis, but for unknown reasons one particular gene in man doesn't operate to produce a key enzyme needed for vitamin C synthesis in the body. Apparently there was an unidentified genetic mutation of some kind during the course of evolution. So far, no one knows why such a mutation would have occurred or how it could have provided a survival advantage allowing the mutation to become as pervasive among humans and a few other species as it apparently is today. Most animals produce their own vitamin C in huge quantities in their own bodies.

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